THE NEXT EVOLUTION OF SPEED

NORAMCO

Fitness & Performance™

WWW.NORAMCOFITNESS.COM

Table of Contents

1. Introduction
2. Real Results
3. Make Your Athletes Faster
4. The Next Evolution of Speed
5. Easy Ownership
6. Take the Next Step
7. DVD & Contact Information

Introduction

At NORAMCO Fitness & Performance, we believe that every athlete should have the same access to top tier performance training that has previously been reserved for elite, top level athletes.

To this end, we have developed what we call, "The Next Evolution of Speed." This is a comprehensive, tested, and proven package that includes both equipment and training protocols that will make your athletes faster, more confident, and perform at new levels.

Every coach, in every sport and at every level, needs an entire team of athletes that are fast, strong, agile and confident in their abilities. The NORAMCO Performance Program will help you create and maintain that team. Using this program, athletes are pushed to new limits. Your athletes will learn their capabilities and become confident in their ability to perform. Any athlete, of any skill level, will improve dramatically if they complete this program!

NORAMCO Fitness & Performance

EVERY SPORT

NEEDS SPEED

Real Results

"At 5'6" and 156 lbs, I needed an edge to set me apart from other players and it was the NORAMCO Performance Program that gave me the edge that fullfilled my life-long dream of playing college football."

Danny Moss
Slot Receiver
University of St. Mary's

"In my sport, quickness and strength are key. With this program, I experienced a noticeable change in foot speed and reaction time that has aided in my success at the national level in grappling."

Malcolm Havens
World Grappling Champion
Istanbul, Turkey - 2007

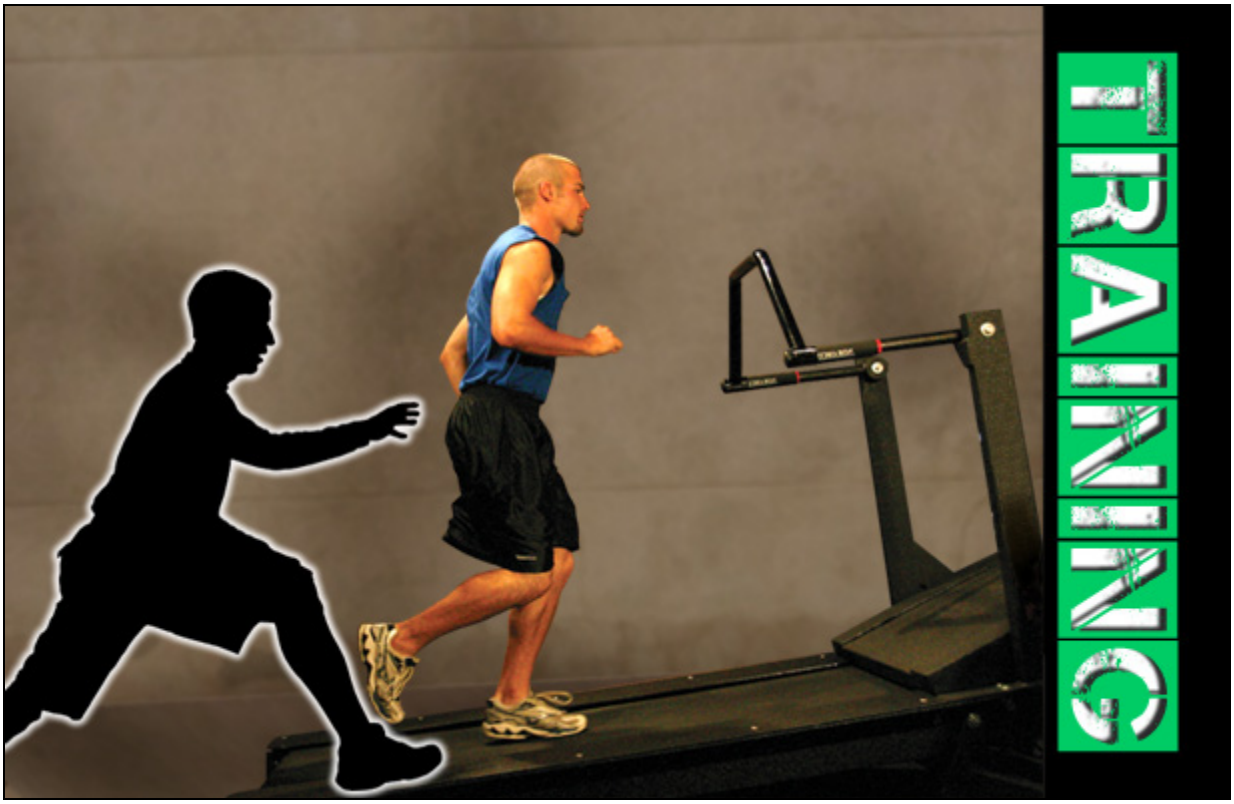
"The NORAMCO Performance Program is exceptional - the absolute best I have ever used or seen. This program will motivate and drive any athlete beyond what they think are their limits and show them what they can truly acheive."

Stephanie Munger-Bissent
USA Professional Ladies
Racquetball

"Thanks for everything. It means so much to me. You have helped me become what I am."

Jacob Roper
New Mexico 100m AAA State
Champion

"Fastest High School Athlete
in New Mexico"



Make All Your Athletes Faster

Even with the best equipment in the world, your athletes' performance will be limited by the training they receive. The NORAMCO Performance Program goes hand-in-hand with our HS Series high-speed equipment to provide the training previously reserved for the elite, top tier athlete.

The program consists of five components designed to develop the athlete's dynamic sprint speed, running mechanics, functional mobility, strength, recovery time, and confidence. Athletes are pushed, quite literally, to their limit. Any athlete, of any skill level, who completes this eight-week program will show dramatic improvement. Turn your 3rd string players into an asset and bring the entire team to the next level.

We also offer a land-based program that, when combined with our HS Series high-speed treadmill and the NORAMCO Performance Program, provide a complete training solution for your athletes! This is what we call, "The Next Evolution of Speed."

THE HS SERIES HIGH-SPEED TREAD

FEATURING: THE SPEED ARCH UNWEIGHTING SYSTEM

The Next Evolution of SPEED

Like all the equipment we build, the HS Series is built to be the "toughest treadmill on the planet." With our all-steel construction, patented Force Multiplier system, and a large, comfortable training area, these professional-grade treadmills are built to last for years to come.

An industry first, and exclusive to NORAMCO, the Speed Arch unweighting system isn't just a safety device. This system moves with the athlete as they train. This device will give your athletes the freedom of movement they need to get the most from each training session while keeping them safe in the event of a fall.

The HS Series of High-Speed Treadmills

HS-Elite: 31 MPH, 40% Grade

HS-Pro: 26 MPH, 30% Grade

HS-Sport: 18 MPH, 30% Grade (Speed Arch optional)